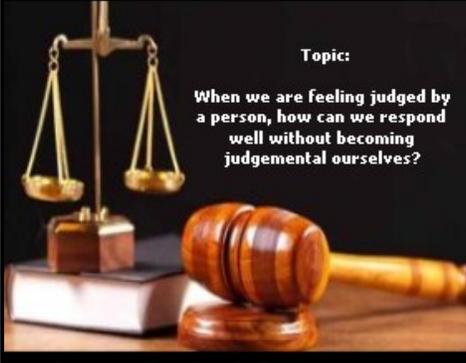


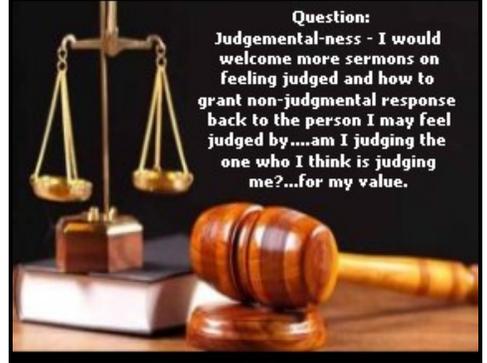
1. Stay Curious 1. page 01



2. Topic 1. page 01



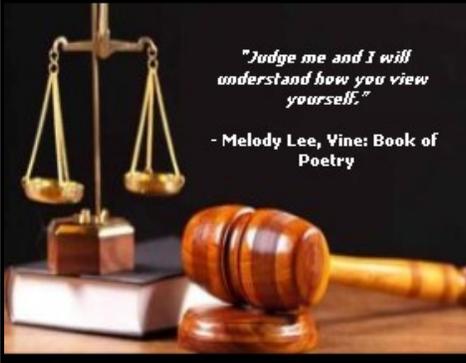
3. Question 1. page 01



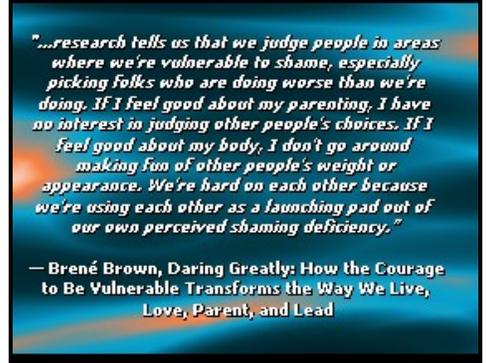
4. Why Do We Judge? 1. page 01



5. Why Do We Judge? 1. page 01



6. "...research tells us : 1. Page 1

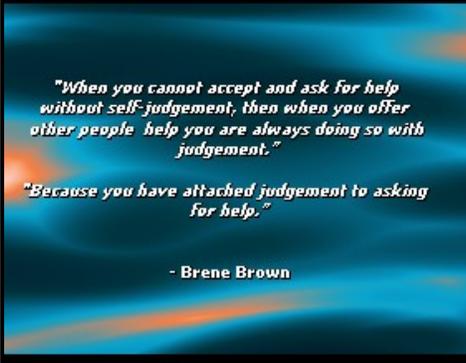


"...research tells us that we judge people in areas where we're vulnerable to shame, especially picking folks who are doing worse than we're doing. If I feel good about my parenting, I have no interest in judging

7. Why Do We Judge? 1. page 01



8. "When you cannot 1. Page 1



"When you cannot accept and ask for help without self-judgement, then when you offer other people help you are always doing so with judgement."

9. Nancy Lopez quote 1. page 01



10. Matthew 7:1-5 (NI 1. Matthew 7:1-5)

¹Do not judge, or you too will be judged. ²For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.

³Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? ⁴How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye? ⁵You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye.

Matthew 7:1-5

1Do not judge, or you too will be judged.
2For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.

11. Ephesians 6:10-13 1. Ephesians 6:10-13

¹⁰Finally, be strong in the Lord and in his mighty power. ¹¹Put on the full armor of God, so that you can take your stand against the devil's schemes. ¹²For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. ¹³Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

Ephesians 6:10-13

10Finally, be strong in the Lord and in his mighty power. 11Put on the full armor of God, so that you can take your stand against the devil's schemes. 12For our struggle is not against flesh and blood, but

12. Matthew 24:10-13 1. Matthew 24:10-13

¹⁰And then many will be offended, will betray one another, and will hate one another. ¹¹Then many false prophets will rise up and deceive many. ¹²And because lawlessness will abound, the love of many will grow cold. ¹³But he who endures to the end shall be saved.

Matthew 24:10-13 NKJV

10And then many will be offended, will betray one another, and will hate one another. 11Then many false prophets will rise up and deceive many. 12And because lawlessness will abound, the love of many

13. Mark 15:1-5 (NIV) 1. Mark 15:1-5

¹Very early in the morning, the chief priests, with the elders, the teachers of the law and the whole Sanhedrin, made their plans. So they bound Jesus, led him away and handed him over to Pilate.

²"Are you the king of the Jews?" asked Pilate. "You have said so," Jesus replied.

³The chief priests accused him of many things. ⁴So again Pilate asked him, "Aren't you going to answer? See how many things they are accusing you of."
⁵But Jesus still made no reply, and Pilate was amazed.

Mark 15:1-5

1Very early in the morning, the chief priests, with the elders, the teachers of the law and the whole Sanhedrin, made their plans. So they bound Jesus, led him away and handed him over to Pilate.

14. 1 Peter 2:21-25 (N 1. 1 Peter 2:21-25)

²¹To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps.

²²"He committed no sin, and no deceit was found in his mouth."

²³When they hurled their insults at him, he did not retaliate; when he suffered, he made no threats. Instead, he entrusted himself to him who judges justly.

1 Peter 2:21-25

21To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps.
22He committed no sin, and no deceit was

14. 1 Peter 2:21-25 (N 2. 1 Peter 2:21-25)

²⁴"He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed." ²⁵For "you were like sheep going astray, but now you have returned to the Shepherd and Overseer of your souls."

1 Peter 2:21-25

24He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed." 25For "you were like sheep going astray," but now you have

15. 2 Corinthians 5:18 1. 2 Corinthians 5:18-

¹⁸All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation: ¹⁹that God was reconciling the world to himself in Christ, not counting people's sins against them. And he has committed to us the message of reconciliation. ²⁰We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf: Be reconciled to God. ²¹God made him who had no sin to be sin for us, so that in him we might become the righteousness of God.

2 Corinthians 5:18-21

18All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation: 19that God was reconciling the world to himself in Christ, not counting people's sins against them.

16. Mother Teresa - Q 1. page 01



If you judge people, you have no time to love them.

- Mother Teresa

Goalcast

17. Paul's Style (Dialog) 1. Page 1

Paul's Style (Dialogue) - Acts 17

1. Ask questions.
2. Declare the strengths, limitations, and weaknesses of others' positions.
3. Show appreciation for their views.
4. Demonstrate modesty by saying, "I don't know," when you don't have an answer.

Paul's Style (Dialogue) - Acts 17

1. Ask questions.
2. Declare the strengths, limitations, and

18. Questions to ask y) 1. Page 1

Questions to ask yourself when feeling Judged

1. Do I really know the whole picture, or am I making assumptions?
2. Is there something in this person's situation that I can relate to?
3. How am I feeling about myself and my decisions? Am I judging myself harshly?
4. What might be this person's struggles? Can I turn the judgment into empathy, compassion, or even some kind words?"

- Jennifer Riggs, Neuroscience Coach

Questions to ask yourself when feeling Judged

1. Do I really know the whole picture, or am I making assumptions?

19. Philippians 4:8-9 (1. Philippians 4:8-9

⁸Summing it all up, friends, I'd say you'll do best by filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious--the best, not the worst; the beautiful, not the ugly; things to praise, not things to curse.

⁹Put into practice what you learned from me, what you heard and saw and realized. Do that, and God, who makes everything work together, will work you into his most excellent harmonies.

Philippians 4:8-9

8Summing it all up, friends, I'd say you'll do best by filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious--the best, not the worst; the beautiful, not the ugly; things to

20. Isaiah 30:15-18 (N 1. Isaiah 30:15-18

¹⁵This is what the Sovereign Lord, the Holy One of Israel, says:

"In repentance and rest is your salvation, in quietness and trust is your strength, but you would have none of it.

¹⁶You said, 'No, we will flee on horses.' Therefore you will flee! You said, 'We will ride off on swift horses.' Therefore your pursuers will be swift!

¹⁷A thousand will flee at the threat of one; at the threat of five you will all flee away, till you are left like a flagstaff on a mountaintop, like a banner on a hill."

Isaiah 30:15-18

15This is what the Sovereign Lord, the Holy One of Israel, says:

"In repentance and rest is your salvation, in quietness and trust is your strength, but you would have none of it.

20. Isaiah 30:15-18 (N 2. Isaiah 30:15-18

¹⁸Yet the Lord longs to be gracious to you; therefore he will rise up to show you compassion For the Lord is a God of justice. Blessed are all who wait for him!

Isaiah 30:15-18

18Yet the Lord longs to be gracious to you; therefore he will rise up to show you compassion. For the Lord is a God of justice. Blessed are all who wait for him!